

Addiction's Affect On The Family

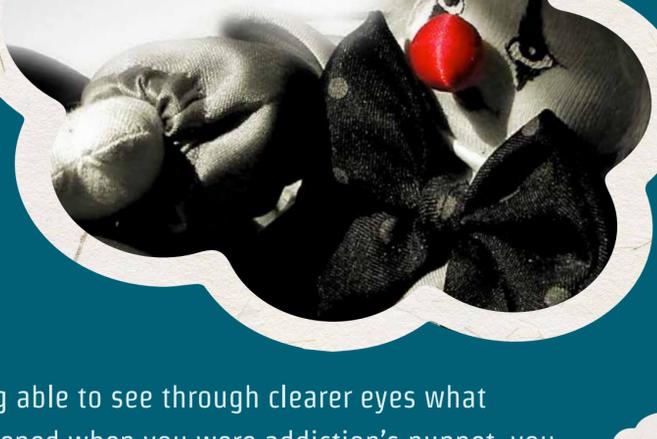


INFOGRAPHIC

Addiction has most certainly played its hand at nudging your relationships toward a point of ruin.

Take a moment to look back at what your life was when addiction had its

grip on you...



Being able to see through clearer eyes what happened when you were addiction's puppet, you can now be sure of what you would never want to repeat in the future.

Addiction's Claim

Addiction has claimed your *idea of reality.* This is why you are so able to *lie and deceive.*



TRUST

Lack of trust is among the many other aspects of your addiction that has made an impact on your family.

Addiction took a toll on who you were as a person, which made it very hard for your family members to trust you.



This lack of trust affects relationships with spouses, children, parents, and siblings.

Normalcy

With trust depleted, you'll remember how life within the family became abnormal and unnatural. Anger and sadness often highlighted family gatherings or average nights at home.

To you, normalcy is muted.

What you hear and see is through the mind of someone whose brain has been altered by drugs.



Respect

Just as trust fades away and is quite difficult to get back, the respect your loved ones had for you, was often laid to waste as your life deteriorated.

You let your responsibilities go. Your primary focus and that which you put so much time and effort into, was your drug addiction.

In a life of recovery, you may be better able to see the misfortune that came into your life as you made bad choices and settled for less at the cost of your relationships.



Take An Extra Step Toward Help

Through everything that has happened in your life, you know that the former you — the one your family couldn't depend on or trust — is on a better track and is earning back their trust.

For as long as you were under the rigid *influence of drug abuse,* your family members couldn't see a future with the real you in it. That image needs to be repainted for them, just as you're *repainting your own life.*



Take heed in knowing that your life is on the incline now. It is your job to be sure that the various aspects of your family that were destroyed by your addiction, are now on the incline as well.